



Coloring, Inspiration and Goals Journal: A Monthly Logging of Events (Paperback)

By Ronald E Hudkins

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This inviting journal provides plenty room of for jotting down personal reflections, favorite quotes, sketching, and coloring! Lined journal pages include inspirational quotes, coloring designs to provide a fun way to personalize this journal. It is printed on Single Sided pages. Writing pages include extra accent designs framing your lined writing space for your coloring pleasure Journal includes an additional 10 full-size coloring pages! Includes a Bio Page to understand yourself better Includes a Goals listing page with added room for logging your ideas on how to achieve these personal goals Has a worries page with lined space for you to annotate resolution measures you will initiate to solve these problems Daily journal pages include 31 affirmations for you to read and embrace throughout the month. This book is a wonderful instrument for reducing stress, planning and prioritizing your life, thoughts, worries and goals. Every page is inspiring, fun, relaxing. This journal is just waiting for you to pick it up and make all things beautiful not only within it but more importantly, yourself!!.



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