# Okay, So I Don't Have a Headache: What I learned (and what all women need to know) about PMS, hormones, stress, diet, menopause--and sex



### **Book Review**

It in a single of my personal favorite publication. It usually fails to charge an excessive amount of. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Mr. David Friesen IV)

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