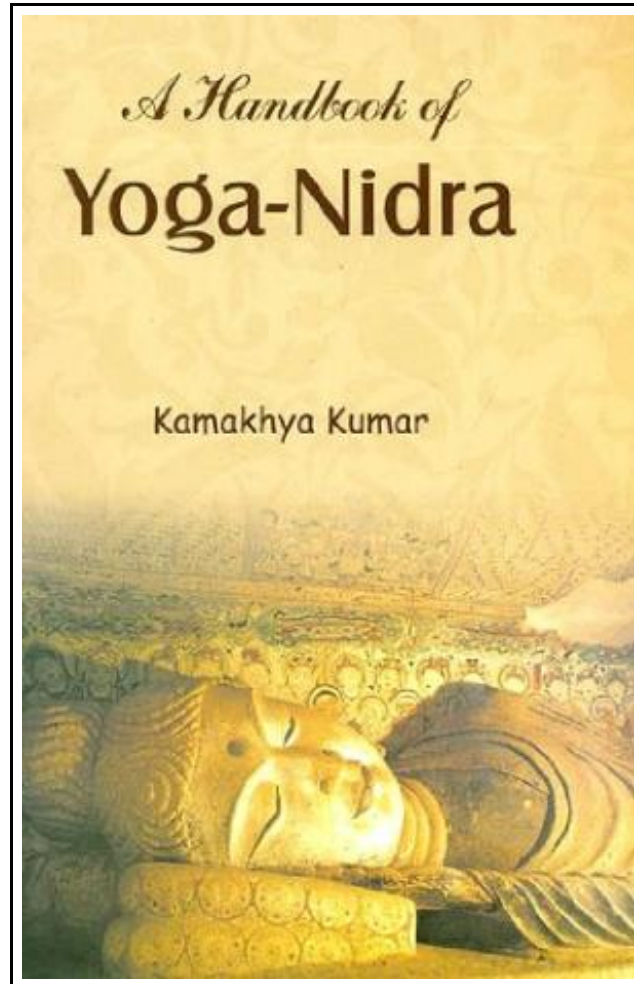


A Handbook of Yoga Nidra



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Reviews

Very useful to any or all group of men and women. I am quite late in start reading this one, but better than never. You are going to like just how the blogger publish this book.

(Kristian Nader)

A HANDBOOK OF YOGA NIDRA

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