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Natural Family Planning Made Easy in 5 Minutes a Day (Paperback)

By Kate Evans Scott

Kids Love Press, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.START NOW, IT S SIMPLE! Become free from modern drug-oriented birth control methods, take control of your fertility now and realize the power that is already inside of you! The ability to conceive or to avoid pregnancy altogether need not be a complicated matter. Natural Family Planning has been around for thousands of years yet many people think of this tradition within a religious context and believe it to be clouded in mysticism. While NFP is now endorsed by the Catholic Church as a morally correct way of spacing children during marriage, its supporters extend far beyond the framework of any one religious organization. NFP itself is not religious in nature, it is simply a time-honored tradition that allows women to take control of their fertility while honoring the cycles of their childbearing years. When first considering a natural family planning route, one can begin to feel overwhelmed by all of the methods that exist and are in use today. The good news is that NFP can be made simple by following a few simple steps...



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